### **Personality Profile Report**

for

### Helen Krahn

Proven Results Marketing Agency



Provided by:

Allan Ruttan Dynamic Shift Leadership Group hello@alruttan.com 1 204 384 5477 http://www.alruttan.com

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### Words that Best Describe Helen



- Compassionate
- Orderly
- Conservative
- Enthusiastic
- Persuasive
- Logical
- Predictable
- Optimistic
- Softhearted
- Good listener
- Easygoing
- Cooperative
- Teachable
- Systematic
- Kind
- Slower Paced
- Steadfast
- Correct
- Diplomatic
- Loyal

Please keep in mind these words may describe you more or less depending on the situation. If you feel that some of the words above describe you very well, then circle them. If you feel like some of the words do not describe you well, simply cross them out. This information is usually 85-95% accurate, but you are welcome to mark it up to match your unique personality style.

This report is NOT meant to label you! It is designed to HELP you UNDERSTAND and DISCover yourself. You can enjoy your unique personality and your strengths!







The following section describes Helen's strengths based on the **S/IC** personality blend. These strengths represent qualities resulting from blending the D, I, S and C personality traits. Remember, everyone is a unique blend of all four styles. In other words, everyone has some of each of the four major personality styles.

#### **Supportive and Interactive**

Helen will usually express ideas with the mindset of suggesting or encouraging. Helen is relationship-oriented and nurturing. Helen tends to be concerned about how others feel and the reasons for their feelings.

#### **Perceptive Towards Others**

Helen has an ability to sense what people are feeling and understand their mindset. Helen desires to be sensitive and appropriate dealing with others. Helen enjoys providing a fun team-oriented environment where people get along without conflict.



## Helen's Keys to Excellence



The following section describes Helen's keys to maintain balance and excellence in life based on the dynamics of the **S/IC** personality blend. These keys are important in adapting to the needs and perspective of others. Practicing these insights will cultivate teamwork, productivity, harmony and understanding with others.

#### **Take Action When Appropriate**

Balance your sensitivity towards others with the ability to take action when necessary.

#### **Communicate Your Preferences**

You have a generous nature that tends to be self-sacrificing. Share your preferences with others in order to build closeness and better understanding.

#### Express Your Needs

It is important to express your needs to others by letting them know how important they are to you. Otherwise, they may never know how you "truly" feel.

#### Make Decisions on Positive Possibilities

Focus on what is possible. This mindset will lead to stepping out more, facing decisions, and making choices which open up possibilities.



# Helen as a Team Member



### Helen's Main Strength:

You are great at relating to others positively while understanding the "how and why" of their emotions.

Main Motivation: Relationally supportive mixed with a commitment to quality

Individual Talents and Gifts: Working with people within a defined order or framework

Value as a Team Member: Getting positive results in spite of bad situations through being cool under fire; modeling respect for authority

Ideal Environment: Stable, predictable, sensible procedures; friendly coworkers

**Key to Motivate:** A leader who sets a good example; complete, clear direction for projects to be completed; to be persuaded by both logic and emotion; a team that understands their reasons for not wanting to argue (i.e. personality style); freedom from confrontation

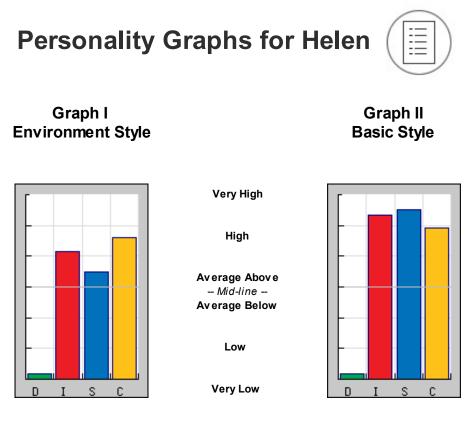
**Keys to Manage:** While working with others: S/IC style blends need to be more objective and less subjective, more direct and less indirect; a quality product in which they can believe; simplified methods that will not affect the quality of their work

How You Act Best Under Pressure (your perception): Accepting; compassionate; considerate, likable; cooperative; modest

How Others *May* MISUNDERSTAND and MISREAD Your Actions Under Pressure (if they do not understand you): Hesitant; unsure; cautious; haphazard; fearful; stubborn

Things to be aware of (possible blind spots): Understanding that confrontation is sometimes a valuable option

Complementary Personality Styles: D, D/C, D/I, I/C



3 69 58 77

3 89 92 82

**Graph I on the left reflects your Environment Style - how you respond in your environment.** This graph indicates the behavior that others are most likely to observe. The higher the graph level for each of the 4 traits, the more that trait is evident in your environment. The environment graph is based on characteristics that each person tends to demonstrate in his or her outward environment.

Graph II on the right reflects your Basic Style - the real you and the traits that make you the most comfortable. Traits that are higher on the graph are behaviors that feel natural to you. Traits that are lower on the scale are areas that you prefer less or are less comfortable for you. The basic style graphs is based on characteristics that each person tends to demonstrate more consistently.

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